

DAY 05: PLAN-AHEAD SCHOOL YEAR

Yesterday, you loaded every school date onto your family calendar. Today, we're making sure you're never scrambling the night before any of them.

STRESS-FREE SCHOOL YEAR

STEP 01 • THE PLAN-AHEAD PHILOSOPHY

Dates on a calendar are just information. What keeps you out of the night-before scramble is a reminder set a few weeks BEFORE each event — so October-you isn't panicking about picture day the morning of, and April-you isn't panicking about summer childcare plans that booked up in February.

That's what today is all about: adding prep-ahead reminders for the whole school year, before you need them.

STEP 02 • ADD REMINDERS FOR THE YEAR AHEAD

1. Grab the Plan-Ahead School Year printable (in today's downloads) — your plan-ahead map for the whole school year.
2. Walk through it month by month. Check the items that apply, and skip the ones that don't.
3. Look through the school calendar you added yesterday. If anything on it isn't already covered by the Plan-Ahead School year Checklist, add a prep reminder for it, too.

Check out today's downloads for the Plan-Ahead School Year checklist to take the guesswork out of what to add to your family's calendar.

Today's Wins:

- ✓ Plan-Ahead School Year items added to your calendar
- ✓ Yesterday's calendar events reviewed + prep reminders added if needed